



Clues for



Mothering February 2012



January

Birthdays

Julia -2nd



Anniversaries



New Arrivals:

Ivy Wilson

Kelly Monroe

The Best Migraine Day Ever

By Nikki Deacon

My house is full of dump trucks and robots and stinky shoes. I experience loud rough-housing and wiggly, dirty hands touching things that should be left alone - daily. It's not rare for me to notice my boys picking their nose and then folding down the top of their pants so they can wipe the boogers there. But one day this past summer, these same sticky little boys took me by surprise. It all started with a phone call.

"Can you come home?" I croaked into the phone.

"What's wrong?" My husband asked in a low voice.

"My head. It's a migraine. If you're not coming home I'll have to leave the TV on all day for the boys."

"It doesn't matter - just take care of you," he said. "But I don't think I can come home."

We hung up and I groaned. How would I make it all day with this hammer hitting my head over and over?

I wobbled into the living room, turned the television on and barely made it back to bed. I couldn't open my eyes because of the throbbing but I could hear my angels actually getting along. I hoped and prayed the TV wasn't frying their brains!

After three hours of children's television, they weren't the monsters I expected. In fact, they were ready to help when my husband surprised us with lunch.

Working as a team, they moved me to the couch. My five-year-old covered me with his favorite blankie, then piled each of his most precious stuffed animals around my body. My three-year-old gently kissed my forehead and said, "Mama, I love you." They took care of me with gentle hands and soft words.

Here's the Scoop ~ Upcoming Events

Mom and Tots Outing - Feb 8th 10-11:30 at Lagoona Magoos in Fairview Heights. Snack provided, FREE. RSVP no later than Feb 7th.

Trivia Night Fundraiser - Feb 24th 7 pm \$10 per person At Shiloh UMC. Bring a snack to share with your table. Drinks will be provided. We will have a MOPS table.

For any questions regarding outings, please contact any of the members of the Hospitality Committee; Brandi Hartman 301-520-2165, Bonnie Hickey 501-366-3465, or Ingrid Gray 972-953-9880.

From breakfast to bedtime those three guys pampered me. They expected nothing of me but to feel better. And eventually I did. When the headache stopped, I was left feeling very grateful. I wanted to thank the migraine for helping me see a softer side of my boys. They're not just puppies in need of constant adventure. They are also little men with the same sweet, gentle heart their earthly daddy has.

This short essay appeared in the October 2008 MOPS newsletter for Lake Grove Presbyterian Church. Nikki has enjoyed writing a "column" for her MOPS group's newsletter called Confessions of a Sassy Mama. She is a mom of two active boys, 3.5 and 5.

Still, though, they're boys who will nearly always choose mischief over quiet solitude; but now I can see that they are also full of love and a willingness to share their most prized possessions. For this glimpse into their hearts I am so grateful.

Sweetheart Roses

QUICK
CRAFT

- Chocolate kisses
- Pink plastic wrap
- Green tape
- Scotch tape
- Green pipe cleaners
- Green tissue paper

1. Form the bud by taping two foil-wrapped candies bottom to bottom. Drape a 5-inch square of pink plastic wrap over the top of one kiss, then gather the edges and twist them into a tail.
2. Tightly twist the top of a green pipe cleaner around the tail for the stem. Then add leaves by holding a strip of green tissue paper against the stem and rolling the pipe cleaner around the center of the strip.
3. Trim the leaves so that they have pointy tips, and wrap green tape around the stem portion above the leaves to reinforce it.

QUICK
CRAFT



CRYPTOGRAM



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Military Spouse Corner

Contact Airman & Family
Readiness Center on Scott AFB
Comm (618) 256-8668 or
DSN 576-8668 for
additional information



News and events from Scott Air Force Base.

Parents bring your children to the Scott Club on **Monday, Feb. 6** from 5 to 7 p.m. for a special Valentine Kids Klub. Enjoy music, dancing, contests, a great meal, and more. Members pay \$6.95 and kids 12 & under are free. Non-members pay \$8.95, non-member children ages 6-12 are \$5.95 and ages 5 & under are \$2.95. For more information contact Missi at the club at 744-1333.

The 375th AMW Chapel will host Building a Strong Marriage Team **Feb. 16** from 9 a.m. to 2:30 for couples interested in making their marriages better or giving a new perspective. This event is free and includes lunch. This is also an alternate duty location for 375th AMW personnel. To register, visit invitations.afit.edu/BuildingaStrongMarriageTeamFeb2012/index.cfm.

Blinkie, Peelite, & Catalina – The art of couponing. Learn about various websites, rebates, and money saving tips. This is a great workshop for enhancing your budget. **Feb 29** (6-8 p.m.) Call 256-8668 to register.

For a complete listing of events on base go to <http://www.scott.af.mil/news/>

Love doesn't sit there like a stone, it has to be made, like bread; remade all of the time, made new. ~Ursula K. Le Guin



Hungry Hungry Moms



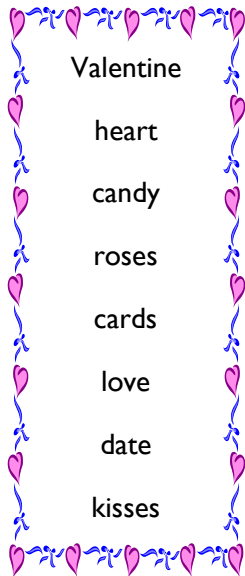
Minestrone Soup	Submitted by Courtney Carlson
<ul style="list-style-type: none"> • 1 lb ground beef • 1 large onion, chopped • 1 clove garlic, minced • 2 15 1/2 oz can stewed tomatoes • 15 oz kidney beans, drained • 10 oz pkg frozen corn • 2 ribs celery, sliced • 1 small zucchini, sliced • 1 cup uncooked macaroni • 2 1/2 cups hot water • 2 beef bouillon cubes • 1/2 tsp salt • 2 tsp Italian seasoning 	<ol style="list-style-type: none"> 1. Brown beef in nonstick skillet. 2. Combine browned ground beef, onion, garlic, tomatoes, kidney beans, corn, celery, zucchini, and macaroni in slow cooker. 3. Dissolve bouillon cubes in hot water. Combine with salt and Italian seasoning. Add to slow cooker. 4. Cover. Cook on low 6 hours. <p>Freeze leftovers for another day.</p>

If you would like to share a recipe in the newsletter please e-mail Courtney Carlson - Sillie01@hotmail.com



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Cryptogram Solution



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If you would like more space to advertise, the rates are \$3 for a half page and \$5 for a whole page. Non-members please add \$2. Please contact Courtney Carlson for more details.

Please contact Courtney Carlson at Sillie01@hotmail.com for all advertisement needs. If you would like to promote your home based business, have or need an item.

MOPS MarketPlace

Nicole Bettis

<https://nbettis.scentsy.us/Home>

Scentsy-Flameless candles

Shannon Floyd

www.mythirtyone/shannonfloyd.com

Thirty One Gifts

Ingrid Gray

972-953-9880

Piano Lessons

Jeannette Kennedy

<http://www.drjerrykennedy.com/>

Midwest Upper Cervical

Kirsty Stooke

www.shaklee.net/KirstyStooke

Shaklee & beauticontrol

Dottie Strubhart

www.dove-chocolate-discoveries.com/dottiestrubhart

Dove Chocolate Discoveries

Amber Utley

Ambergap@gmail.com

Scentsy-Flameless candles



Donations are always welcome to help with Moppet snacks. The recommended amount per child is \$2. Please see Jamie Lowary for more information or to donate.

We're on facebook! Shiloh UMC MOPS

You must request to join the facebook group in order to see all content.. This is a great resource to connect better with our MOPS group.

Shiloh United Methodist Church
210 South Main Street
Shiloh, IL 62269
Phone: (618) 632-6913
www.shiloh-umc.org

February						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 	2	3	4
5	6	7 Mom & tots outing	8	9	10	11
12	13	14 	15 	16	17	18
19	20 	21	22	23	24 Trivia Night	25
26	27	28	29			